

Monday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Acro Co. Ages 8-11 Tumbling&Acro Circuits Alannah/Chels 3:30-4:15		Lil' Cats - Ages 2-4 Hip Hop Jessica 3:30-4:15		Rot Hip Hop Company Robin 4:15-5:00
Ages 11+ Tumbling&Acro Circuits Alannah/Chels 4:15-5:00	Ages 8-12 Open Hip Hop Tech Liam 4:15-5:00	Clouded Leopard Jazz Jazz Jessica 4:15-5:00		Baton Ages 10+ Jazz Robin 4:15-5:00
Acro Co. Advanced 11+ Tumbling&Acro Circuits Alannah/Chels 5:00-5:45	RSVD Liam Privates 5:00-5:45	Lil' Cats - Ages 4-6 Hip Hop Jessica 5:00-5:45		Resistance Hip Hop Hip Hop Robin 5:00-5:45
Mo'Mentum Acro Line Chels/Mo/Alannah 5:45-6:30	Company Hip Hop Spadez Liam 5:45-6:30			Ages 11-13 Rec Hip Hop Robin 5:45-6:30
Ages 7-10 Tumbling&Acro Circuits Alannah/Chels 6:30-7:15	Company Hip Hop Outlawz Liam 6:30-7:15			Roar Hip Hop Mo'Mentum Robin 6:30-7:15
	Ages 13+ Open Hip Hop Tech Liam 7:15-8:00			
	Company Hip Hop Ace'z * Liam 8:00-8:45			

Tuesday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Jaguar Company Jazz Mo 3:30-4:15	Ballet RAD Grade 4 Janine 3:30-4:15	Ages 8-10 Acting Robin 3:30-4:15		Ages 5-7 Rec Ballet Sam 3:30-4:15
Lynx Company Jazz Mo 4:15-5:00	Ballet RAD Grade 3 Janine 4:15-5:00	Cheetah Company Stage Robin 4:15-5:00		Ballet RAD Grade 1 Sam 4:15-5:00
Ages 10+ Studio Production Mo 5:00-5:45	Ballet RAD Grade 2 Janine 5:00-5:45	Ages 5-7 Acting Robin 5:00-5:45		Ages 7-10 Rec Ballet Sam 5:00-5:45
Lynx Company Jazz Technique Cassie 5:45-6:30	Ballet RAD Intermediate Janine 5:45-6:30	Cheetah Company Jazz/Lyrical Mo 5:45-6:30		Jaguar Company Lyrical Sam 5:45-6:30
Panther Company Contemporary Cassie 6:30-7:15	Ballet RAD Int. Foundation Janine 6:30-7:15			Lynx Company Lyrical Sam 6:30-7:15
Puma Company Contemporary Cassie 7:15-8:00	Ballet Open Advanced Janine 7:15-8:00			Adult Combo Class Sam/Mo 7:15-8:00
Ages 13+ Combo Class Cassie 8:00-8:45	Adult Ballet Janine 8:00-8:45			

Wednesday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Company Intermediate Acro Line* Dylan & Berkeley 3:30-4:15		Ballet RAD Grade 1 Janine 3:30-4:15		Lil' Cats -Ages 4-6 Jazz/Lyrical 3:30-4:15
Company Senior Acro Tech Dylan & Berkeley 4:15-5:00	Jr. Momentum Jazz/Lyrical Mo 4:15-5:00	Ballet RAD Grade 2 Janine 4:15-5:00		Ages 7-8 Jazz/Lyrical 4:15-5:00
Sr. Momentum Lyrical Dylan & Berkeley 5:00-5:45	Ages 9-13 Acting Production Mo 5:00-5:45	Ballet RAD Int. Found Janine 5:00-5:45		Ages 9-11 Jazz/Lyrical 5:00-5:45
Company Senior/Adv. Acro Line* Dylan & Berkeley 5:45-6:30	Sr. Momentum Jazz Mo 5:45-6:30	Ballet RAD Grade 3 Janine 5:45-6:30		Ages 12+ Jazz/Lyrical 5:45-6:30
Company Advanced Acro Tech Dylan & Berkeley 6:30-7:15	Teen Ages 12+ Ballet Jesse 6:30-7:15	Ballet RAD Grade 4 Janine 6:30-7:15		
	All Boys Group Boys Group Jesse 7:15-8:30	Ballet RAD Intermediate & Pointe 7:15-8:45		
				7:15-8:30

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Thursday - Daytime	
Lil' Cats Dance Explorations Ages 2-4 Lil' Cats -Ages 2/3 Tap/Hip Hop Kara 12:30-12:50	Lil' Cats -Ages 3/4 Ballet/Jazz Jessica 12:30-12:50
20 Minutes Combined Music & Play Lil' Cats -Ages 3/4 Tap/Hip Hop Kara 1:10-1:30	Lil' Cats-Ages 2/3 Ballet/Jazz Jessica 1:10-1:30
Ages 3-6 Paw Prints Dance Kara 1:45-2:15	RHYTHM WORKS Integrative Dance

Lil' Cats Dance Explorations is a brand new program offered at Xtreme This Season! Using a semester system, your 3-6 year old will enjoy 3 performances, group music and play, and get to explore all genres of dance with 2 different instructors! Taught by our ECE and Rhythm Works Instructors.

Semester 1 - Sept. to Dec. (Onstage Performance)
Semester 2 - Jan. to Mar. (In Class Performance)

Paw Prints is a Fantastic New All-Inclusive Program run by our Rhythm Works Certified Instructor. A Rhythm and dance program designed for those dancers with learning differences, and special needs. Wheelchairs Welcome!

Mo'Mentum Co.	Recreational	Technique Only	Lil' Cats	Company
Acting and Drama Classes are back at Xtreme for the 2021/2022 Season! Games, Improvisation and Theatre sports, paired with line memorization, skits and commercials. Your little thespian is sure to enjoy themselves in our fun and exciting new classes!				
Acting for Ages 5-7 and 6-10.				
Acting Production Touring Group for Ages 9-13. Join our touring group for this years production of "Tale of a Middle School Bully". This 1-Act play will be performed at local Elementary Schools. (Some school may be missed for performances)				
Adult Classes are back for 2021/2022				
* Adult Ballet * Adult Hip Hop (Competitive) * Adult Combo Class (Jazz/Stage/Contemporary/Lyrical)				
"BRAND NEW - Young Adult Company" for Senior/Graduated Competitive Dancers Ages 17-25. Only for those that have a background in competitive dance and/or are just graduated and wishing to continue their training while studying at University. Dancers also welcome to attend Advanced Ballet, Combo Class				

Adult	Paw Prints	Acting
Mo'Mentum Company is Xtreme's Competition Team Program for Dancers Ages 9+. Dancers in Mo'Mentum Must take a minimum of 3 classes a week (Any style).	*Jr. Momentum Ages 9-12 *Sr. Momentum Ages 13+ *Participates in 3 Local Competitions	Company Requirements Snow Leopard - Ages 5/6 Clouded Leopard - Ages 6/7 * + 1 Ballet Class Cheetah - Ages 7-8 * + 2 Ballet Classes, Jazz Tech, Acro Tech Jaguar - Ages 8-9 * + 2 Ballet Classes, Jazz Tech, Acro Tech Lynx - Ages 10-11 * + 2 Ballet Classes, Jazz Tech, Acro Tech Puma & Panther - Ages 13+ * + 2 Ballet Classes, Jazz Tech (Acro Tech Recommended)
Balletnot Required, but always encouraged! Dancers Have the Option to Participate in Production, Company Tech, & RAD Ballet Programs.		

Thursday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Intermediate Technique Contortion & Balance Emma/Brynne 3:30-4:15	Puma Jazz Jordan 3:30-4:15	Ages 5-8 Rec Tap Kara 3:30-4:15	Ages 8-11 Musical Theatre Robin 3:30-4:15	Hip Hop Co. Jesterz Liam 3:30-4:15
Senior Technique Contortion and Balance Emma/Brynne 4:15-5:00	Company Senior Stage Jordan 4:15-5:00	Jaguar Company Tap Kara 4:15-5:00	Ages 5-7 Musical Theatre Robin 4:15-5:00	Hip Hop Co. Raiderz Liam 4:15-5:00
Junior Technique Contortion and Balance Emma/Brynne 5:00-5:45	Puma/Panther Lyrical Line Jordan 5:00-5:45	Lynx Company Tap Kara 5:00-5:45	Mo'Mentum Co. Musical Theatre Robin 5:00-6:00	
Adult Hip Hop Hip Hop Liam 5:45-6:30	Panther Company Jazz Jordan 5:45-6:30	Cheetah Company Tap Kara 5:45-6:30	Ages 9-11 Rec Tap Robin 5:45-6:30	Jaguar Company Jazz Tech Taralyn 5:45-6:30
Ages 13+ Company Senior Jazz Technique Taralyn 6:30-7:45	Ages 13+ Company Advanced Jazz Technique Jordan 6:30-7:45			Ages 7+ Paw Prints Dance Kara 6:30-7:00
	17+ Young Adult Jordan 7:45-8:45	Company Senior Tap Kara 7:45-8:30		
7:45-8:45			8:00-9:00	8:00-9:00

Friday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Ages 5-7 Rec Acro Chelsey 3:30-4:15	Ages 8-11 Hip Hop Robin 3:30-4:15			All Boys Hip Hop Harrison 3:30-4:15
Ages 8-11 Rec Acro Chelsey 4:15-5:00	Ages 5-7 Hip Hop Robin 4:15-5:00			All Ages Poppin' / Breaking Harrison 4:15-5:00
Lil' Cats - Ages 4/5 Cheer Acro Alannah 5:00-5:45	Ages 6-10 Baton Robin 5:00-5:45			
8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00

Saturday	
Studio 1	Studio 13
Ages 3/4 Tiny Tumbles & Acro Chelsey 9:30-10:00	Lil' Cats - Ages 2/3 Ballet 1 Jessica 9:30-10:00
Ages 4/5 Mini Tumbles & Acro Chelsey 10:00-10:30	Lil' Cats - Ages 3/4 Ballet 1 Jessica 10:00-10:30
Ages 5/6 Junior Tumbles & Acro Chelsey 10:30-11:15	Lil' Cats Ages 4/5 Ballet 2 Jessica 10:30-11:15
Ages 7-10 Cheer Acro Alannah 11:15-12:00	Ages 4-6 Competitive Jazz Snow Leopards 11:15-12:00
Ages 5-7 Cheer Acro Alannah 12:00-12:45	
12:45-1:30	12:45-1:30

Lil' Cats is our popular Preschool/Kindergarten Dance Program at Xtreme! We have added even more classes for the 2020/2021 season for our tiniest dancers aged 2-6.

- *Acro
- *Tumbling
- *Jazz
- *Ballet
- *Tap
- *Lyrical
- *Hip Hop
- *Cheer Acro
- *Dance Explorations

