

Monday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Junior Tumbling Alannah 3:30-4:15	3:30-4:15	3:30-4:15		Baton Ages 10+ Level 2 Robin 3:30-4:15
Intermediate Tumbling Alannah 4:15-5:00	4:15-5:00	Clouded Leopard Jazz Jessica 4:15-5:00	Ages 7-11 Rec Tap Robin 4:15-5:00	4:15-5:00
Advanced Tumbling Alannah 5:00-6:00	Ages 8-12 Open Hip Hop Tech Ryan/Liam 5:15-6:00	Lil' Cats - Ages 3-5 Hip Hop Jessica 5:00-5:45		5:00-5:45
6:00-6:45	Company Hip Hop Spadez Ryan/Liam 6:00-6:45		Resistance Hip Hop Mo'Mentum Robin 6:00-6:45	
Ages 7-10 Rec Acro Chelsey 6:45-7:30	Company Hip Hop Spartanz Ryan/Liam 6:45-7:30	6:30-7:15	Roar Hip Hop Mo'Mentum Robin 6:45-7:30	
7:15-8:00	Company Hip Hop Ace'z * Liam 7:30-8:15	7:15-8:00		7:15-8:00

Tuesday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Jaguar Company Jazz Mo 3:30-4:15	Ballet RAD Grade 4 Janine 3:30-4:15	3:30-4:15		Ages 5-6 Rec Ballet Sam 3:30-4:15
Lynx Company Jazz Mo 4:15-5:00	Ballet RAD Grade 3 Janine 4:15-5:00	Cheetah Company Stage Robin 4:15-5:00		4:15-5:00
Ages 10+ Studio Production Mo 5:00-5:45	Ballet RAD Grade 2 Janine 5:00-5:45	5:00-5:45		Ages 7-10 Rec Ballet Sam 5:00-5:45
Lynx/Jaguar Company* Jazz Technique Cassie/Rotation 5:45-6:30	Cheetah Company Jazz/Lyrical Mo 5:45-6:30	Int. Found Ballet Janine 5:45-6:30		Lynx/Jaguar* Lyrical Sam/Rotation 5:45-6:30
Puma Company Contemporary Cassie 6:30-7:15	Ballet Advanced Janine 6:30-7:15	6:30-7:15		Adult Combo/Ballet Sam Svensk 6:30-7:15
Ages 13+ Combo Class Cassie 7:15-8:00		7:15-8:30		7:15-8:00
Panther Contemporary Cassie 8:00-8:45		8:00-8:45		

Wednesday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Company Intermediate Acro Line Dylan & Berkeley 3:30-4:30	Company Junior Acro Line Mo/Alannah 3:30-4:30	Ballet RAD Grade 1 Janine 3:30-4:15		Ages 5-6 Jazz/Lyrical Robin 3:30-4:15
Sr. Momentum Lyrical Dylan & Berkeley 4:30-5:30	Jr. Momentum Jazz/Lyrical Mo 4:30-5:30	Ballet RAD Grade 2 Janine 4:30-5:15		<b>8 Week- April 13 Start</b> Jazz/Lyrical Ages 7+ 4:30-5:15
Company Advanced Acro Dylan & Berkeley 5:30-6:30	Sr. Momentum Jazz Mo 5:30-6:15	Open Ballet Grade 3 & 4 Janine 5:30-6:30		<b>8 Week- April 13 Start</b> Acting Ages 7-11 5:30-6:15
6:00-7:00	Acting Film Project Mo 6:30-7:15	Open Ballet RAD Int. Found Janine 6:30-7:15		5:45-6:30
7:00-7:45	7:30-8:15	Ballet Pointe 7:15-7:45 Ballet Privates 7:45-8:15		6:30-7:15
7:15-8:30	7:15-8:30	7:45-8:15		7:15-8:30

REGISTER NOW [WWW.XTREMETALENT.CA](http://WWW.XTREMETALENT.CA)

CHECK OUT OUR UPCOMING 8 WEEK SESSIONS! 

Thursday - AM Classes	
<b>8 Week - Apr 14</b> Tap/Ballet/Jazz/Hip Hop Lil' Cats - Ages 2-5 9:30-10:30	<p><b>Lil' Cats Dance Explorations</b> Xplor Jazz, Tap, Ballet, Hip Hop and Art! Using a semester system, your 2-5 year old will enjoy a live performance, group music and play, and art basics! Taught by our ECE and Rhythm Works Instructors. (Starts in October) <b>Semester 3 - Apr. to June. (Onstage Performance)</b></p>
<b>8 Week - Apr 14</b> Tap/Ballet/Jazz/Hip Hop Lil' Cats - Ages 2-5 12:30-1:30	
<b>8 Week - Apr 14</b> Dance Sampler Homeschoolers 12:30-1:30	

**Mandatory Classes Required for Company Dancers**

- Cheetah - Ages 8-10**  
\* + 1 Ballet Classes + Any Acro Tech
- Jaguar - Ages 9-10**  
\* + 2 Ballet Classes, Jazz Tech, Acro Tech
- Lynx - Ages 10-12**  
\* + 2 Ballet Classes, Jazz Tech, Acro Tech
- Puma & Panther - Ages 13+**  
\* + 2 Ballet Classes, Jazz Tech (Acro Tech Recommended)

**Upcoming 8 Week Sessions - 3rd Semester - April 13**

- Begins April 13 - Final Performance Onstage June 3-5
- Wednesday - Jazz/Lyrical - Ages 7+ - 4:30-5:15
- Wednesday - Theatresports & Acting - Ages 7-11 - 5:30-6:15
- Thursday - Dance Xplorations/Lil' Cats - Ages 2-5 - 9:30-10:30
- Thursday - Dance Xplorations/Lil' Cats - Ages 2-5 - 12:30-1:30
- Thursday - Dance Sampler - Home School Group - 12:30-1:30
- Thursday - Flip/Trampoline - Ages 3-8 - 5:00-5:45
- Thursday - Flip/Trampoline - Ages 9+ - 5:45-6:30

Thursday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Junior/Inter Level 1 Contortion and Balance Emma 3:30-4:15	Puma Jazz Jordan 3:30-4:15	Raidez Hip Hop Harrison/Liam 3:30-4:15	3:30-4:15	Ages 7-10 Baton Robin 3:30-4:15
Inter Level 2/Senior Contortion and Balance Emma 4:15-5:00	Company Large Lyrical Jordan 4:15-5:00	Lil' Cats Ages 4-6 Rec Tap Kara 4:15-5:00	4:15-5:00	Ages 6-9 Jazz/Musical Thea. Robin 4:15-5:00
<b>8 Week</b> Flip/Power Tumble Ages 3-8 5:00-5:45	Company Senior Stage Jordan 5:00-5:45	Junior Tap Kara 5:00-5:45	5:00-5:45	Jesterz Hip Hop Harrison/Liam 5:00-5:45
<b>8 Week</b> Flip/Power Tumble Ages 9+ 5:45-6:30	Panther Company Technique Jordan 5:45-6:30	Intermediate Tap Kara 5:45-6:30	5:45-6:30	5:45-6:30
Company Puma Technique Tanalyn 6:30-7:15	Panther Company Jazz Jordan 6:30-7:15	<b>'NEW CLASS'</b> Adult Hip Hop w/ Ferd 6:30-7:15	6:30-7:15	Boys Group All Ages Jesse 6:30-7:15
13+ Teen/Puma/Panther Ballet Conditioning 7:15-8:00	Dance Fit Cardio Jordan 7:15-8:00	Company Senior Tap Kara 7:15-8:00	7:15-8:00	7:15-8:00
	16+ Young Adult Jordan 8:00-8:45			

Friday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Ages 5-7 Rec Acro Alannah 3:30-4:15	Ages 8-11 Hip Hop Robin 3:30-4:15	3:30-4:15	3:30-4:15	All Boys Hip Hop Harrison 3:30-4:15
4:15-5:00	Ages 5-7 Hip Hop Robin 4:15-5:00	4:15-5:00	4:15-5:00	All Ages Poppin' / Breaking Harrison 4:15-5:00
5:00-5:45	5:00-5:45	5:00-6:00	5:00-6:00	5:00-6:00
5:45-6:00	6:00-7:00	6:00-7:00	6:00-7:00	6:00-7:00
6:00-6:45	7:00-8:00	7:00-8:00	7:00-8:00	7:00-8:00
8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00

Saturday	
Studio 1	Studio 13
Ages 3/4 Tiny Tumbles & Acro Chelsey 9:45-10:15	All Boys Hip Hop Harrison 9:30-10:00
Ages 4-6 Mini Tumbles & Acro Chelsey 10:30-11:00	Lil' Cats - Ages 2/3 Ballet 1 Jessica 10:15-10:45
	Lil' Cats Ages 4-6 Ballet 2 Jessica 11:00-11:45
11:15-12:00	11:15-12:00
12:00-12:45	12:00-12:45
12:45-1:30	12:45-1:30

STUDIO OFFICE HOURS: MONDAY-FRIDAY 3:30-6:30 / 604-825-0905

