

Monday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Junior Tumbling&Acro Circuits Alannah 3:30-4:15				Baton Ages 10+ Level 2 Robin 3:30-4:15
Intermediate Tumbling&Acro Circuits Alannah 4:15-5:00	Oct18-Dec 6 8 Week - Hoop & Silk Emily 4:15-5:00	Clouded Leopard Jazz Jazz Jessica 4:15-5:00		4:15-5:00
Advanced Tumbling&Acro Circuits Alannah 5:00-5:45	Oct18-Dec 6 8 Week - Hoop & Silk Emily 5:00-5:45	Lil' Cats - Ages 3-5 Hip Hop Jessica 5:00-5:45	Riot Hip Hop Company Robin 5:00-5:45	Ages 8-12 Open Hip Hop Tech Liam 5:00-5:45
Senior Tumbling&Acro Circuits 5:45-6:30	Company Hip Hop Spadez Liam 5:45-6:30	5:45-6:30		Resistance Hip Hop Mo'Mentum Robin 5:45-6:30
Ages 7-10 Tumbling&Acro Circuits Alannah/Chels 6:30-7:15	Company Hip Hop Outlawz Liam 6:30-7:15	6:30-7:15		Roar Hip Hop Mo'Mentum Robin 6:30-7:15
Tumbling Privates RSVD Alannah/Chels 7:15-8:00	Ages 13+ Open Hip Hop Tech Liam 7:15-8:00	7:15-8:00		7:15-8:00
	Company Hip Hop Ace'z * Liam 8:00-8:45			

Tuesday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Jaguar Company Jazz Mo 3:30-4:15	Ballet RAD Grade 4 Janine 3:30-4:15	Ages 7-11 Acting Robin 3:30-4:15		Ages 5-6 Rec Ballet Sam 3:30-4:15
Lynx Company Jazz Mo 4:15-5:00	Ballet RAD Grade 3 Janine 4:15-5:00	Cheetah Company Stage Robin 4:15-5:00		Privates RSVD Sam 4:15-5:00
Ages 10+ Studio Production Mo 5:00-5:45	Ballet RAD Grade 2 Janine 5:00-5:45	Ages 5-7 Acting Robin 5:00-5:45		Ages 7-10 Rec Ballet Sam 5:00-5:45
Lynx/Jaguar Company* Jazz Technique Cassie/Rotation 5:45-6:30	Ballet RAD Intermediate Janine 5:45-6:30	Cheetah Company Lyrical Mo 5:45-6:30		Lynx/Jaguar* Lyrical Sam/Rotation 5:45-6:30
Panther Company Contemporary Cassie 6:30-7:15	Ballet RAD Int. Foundation Janine 6:30-7:15	6:30-7:15		Adult Combo Class Sam 6:30-7:15
Puma Company Contemporary Cassie 7:15-8:00	Ballet Open Advanced Janine 7:15-8:00	7:15-8:30		7:15-8:00
Ages 13+ Combo Class Cassie 8:00-8:45	Adult Ballet Janine 8:00-8:45			

\*Indicates its on a Rotation Each Week

Wednesday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Company Intermediate Acro Line Dylan & Berkeley 3:30-4:15	Ages 6-11 Junior Acro Line Chels/Mo/Alannah 3:30-4:15	Ballet RAD Grade 1 Janine 3:30-4:15		Lil' Cats -Ages 4-6 Jazz/Lyrical Robin 3:30-4:15
Intermediate/Senior Acro Tech Dylan & Berkeley 4:15-5:00	Jr. Momentum Jazz/Lyrical Mo 4:15-5:00	Ballet RAD Grade 2 Janine 4:15-5:00		Ages 7-8 Jazz/Lyrical Robin 4:15-5:00
Sr. Momentum Lyrical Dylan & Berkeley 5:00-5:45	Ages 9-13 Acting Production Mo 5:00-5:45	Ballet RAD Int. Found Janine 5:00-5:45		Ages 9-11 Jazz/Lyrical Robin 5:00-5:45
Company Senior/Adv. Acro Line* Dylan & Berkeley 5:45-6:30	Sr. Momentum Jazz Mo 5:45-6:30	Ballet RAD Grade 3 Janine 5:45-6:30		5:45-6:30
Company Advanced Acro Tech Dylan & Berkeley 6:30-7:15	Teen Ages 12+ Jazz Jesse 6:30-7:15	Ballet RAD Grade 4 Janine 6:30-7:15		6:30-7:15
7:15-8:30	All Boys Company Boys Group Jesse 7:15-8:30	Ballet RAD Intermediate & Pointe 7:15-8:45		7:15-8:30

Thursday - Daytime	
Lil' Cats - Ages 2/4 Ballet/Jazz Jessica 12:30-12:50	12:30-12:50
20 Minutes Combined Music & Play	
Lil' Cats - Ages 2/4 Tap/Hip Hop Kara 1:10-1:30	

(Starts in October)

**Lil' Cats Dance Explorations** is a brand new program offered at Xtreme This Season! Using a semester system, your 2-4 year old will enjoy 3 performances, group music and play, and get to explore all genres of dance with 2 different instructors! Taught by our ECE and Rhythm Works Instructors. (Starts in October)

Semester 1 - Oct. to Dec. (Onstage Performance)  
Semester 2 - Jan. to Mar. (In Class Performance)

Mo'Mentum Co.	Recreational	Technique Only	Lil' Cats	Company
<p><b>Acting and Drama Classes</b> are back at Xtreme for the 2021/2022 Season! Games, Improvisation and Theatre sports, paired with line memorization, skits and commercials. Your little thespian is sure to enjoy themselves in our fun and exciting new classes!</p> <p><b>Acting</b> for Ages 5-7 and 6-10.</p> <p><b>Acting Production Touring Group</b> for Ages 9-13. Join our touring group for this years production of <b>"Tale of a Middle School Bully"</b>. This 1-Act play will be performed at local Elementary Schools. (Some school may be missed for performances)</p>				
<p><b>Adult Classes</b> are back for 2021/2022</p> <ul style="list-style-type: none"> <li>* Adult Ballet</li> <li>* Adult Hip Hop (Competitive)</li> <li>* Adult Combo Class (Jazz/Stage/Contemporary/Lyrical)</li> </ul> <p><b>"BRAND NEW - Young Adult Company"</b> For Senior/Graduated Competitive Dancers Ages 17-25. Only for those that have a background in competitive dance and/or are just graduated and wishing to continue their training while studying at University. Dancers also welcome to attend Advanced Ballet, Combo Class</p>				

Adult	Paw Prints	Acting
<p><b>Mo'Mentum Company</b> is Xtreme's Competition Team Program for Dancers Ages 9+. Dancers in Mo'Mentum Must take a minimum of 3 classes a week (Any style).</p> <p>*Jr. Momentum Ages 8-11 *Sr. Momentum Ages 12+ *Participates in 3 Local Competitions</p> <p>Ballet not Required, but always encouraged! Dancers Have the Option to Participate in Production, Company Tech, &amp; RAD Ballet Programs.</p>		
<p><b>Company Requirements</b> Snow Leopard - Ages 4/5 Clouded Leopard - Ages 5-7 Cheetah - Ages 8-10 Jaguar - Ages 9-10 * + 1 Ballet Classes + Any Acro Tech Lynx - Ages 10-12 * + 2 Ballet Classes, Jazz Tech, Acro Tech Puma &amp; Panther - Ages 13+ * + 2 Ballet Classes, Jazz Tech (Acro Tech Recommended) <b>(Grads Only required to take 1 Ballet Class)</b></p>		

Thursday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Junior/Inter Level 1 Contortion and Balance Emma/Bynne 3:30-4:15	Puma Jazz Jordan 3:30-4:15	Ages 5-8 Rec Tap Kara 3:30-4:15	Ages 8-11 Musical Theatre Robin 3:30-4:15	3:30-4:15
Inter Level 2/Senior Contortion and Balance Emma/Bynne 4:15-5:00	Company Senior Stage Jordan 4:15-5:00	Junior Tap Kara 4:15-5:00	Ages 5-7 Musical Theatre Robin 4:15-5:00	Hip Hop Co. Jesterz Liam 4:15-5:00
Oct18-Dec 6 Boys Flip/Trampoline Emily 5:00-5:45	Puma/Panther Lyrical Line Jordan 5:00-5:45	Intermediate Tap Kara 5:00-5:45	Ages 9-12 Rec Tap Robin 5:00-6:00	RSVD Liam Privates 5:00-5:45
Oct18-Dec 6 Flip/Power Tumble Emily 5:45-6:30	Panther Company Jazz Jordan 5:45-6:30	Privates RSVD Kara 5:45-6:30	5:45-6:30	Adult Hip Hop Hip Hop Liam 5:45-6:30
6:30-7:15	Cardio Fit Adult Jordan 6:30-7:15	Company Senior Tap Kara 6:30-7:15	6:30-7:15	Hip Hop Co. Raiderz Liam 6:30-7:15
Ages 13+ Company Senior Jazz Technique TaraLyn 7:15-8:00	Ages 13+ Company Advanced Jazz Technique Jordan 7:15-8:00	7:15-8:00	7:15-8:00	7:15-8:00
	16+ Young Adult Jordan 8:00-8:45			

Friday				
Studio 1	Studio 2	Studio 3	Studio 4	Studio 13
Ages 5-7 Rec Acro Alannah 3:30-4:15	Ages 8-11 Hip Hop Robin 3:30-4:15	3:30-4:15	3:30-4:15	All Boys Hip Hop Harrison 3:30-4:15
Ages 8-11 Rec Acro Alannah 4:15-5:00	Ages 5-7 Hip Hop Robin 4:15-5:00	4:15-5:00	4:15-5:00	All Ages Poppin' / Breaking Harrison 4:15-5:00
5:00-5:45	Ages 6-10 Baton Robin 5:00-5:45	5:00-6:00	5:00-6:00	5:00-6:00
5:45-6:00	6:00-7:00	6:00-7:00	6:00-7:00	6:00-7:00
6:00-6:45	7:00-8:00	7:00-8:00	7:00-8:00	7:00-8:00
8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00	8:00-9:00

Saturday	
Studio 1	Studio 13
Ages 3/4 Tiny Tumbles & Acro Chelsey 9:30-10:00	Lil' Cats - Ages 2/3 Ballet 1 Jessica 9:30-10:00
Ages 4-6 Mini Tumbles & Acro Chelsey 10:00-10:30	Lil' Cats - Ages 3/4 Ballet 1 Jessica 10:00-10:30
10:30-11:15	Lil' Cats Ages 4-6 Ballet 2 Jessica 10:30-11:15
11:15-12:00	Ages 4-6 Pre-Competitive Jazz/Snow Leopards 11:15-12:00
12:00-12:45	12:00-12:45
12:45-1:30	12:45-1:30

**Lil' Cats** is our popular Preschool/Kindergarten Dance Program at Xtreme! We have added even more classes for the 2020/2021 season for our tiniest dancers aged 2-6.

- \*Acro
- \*Tumbling
- \*Jazz
- \*Ballet
- \*Tap
- \*Lyrical
- \*Hip Hop
- \*Dance Explorations



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